

Eating Disorders: A Community Treatment Approach

Educational Conference & Candlelight Vigil



Thursday February 25, 2010
12:30 to 6:30 pm

Agenda

12:00 to 12:30 pm Registration & Poster Sessions

12:30 to 1:00 pm Welcome & Introductions

Kristine Hess, LIMHP, NCC, LPC

Director of Eating Disorder Program, OMNI Behavioral Health

1:00 to 2:30 pm Community-Based Nutrition Therapy

Crystal Zabka, MS, RD, CSSD, LMNT

Nutrition Therapist, OMNI Behavioral Health

2:30 to 2:45 pm Break & Poster Sessions

2:45 to 4:15 pm Medical Aspect of Eating Disorders

Kristi NewMyer, MD, FACOG

Physician, Creighton Women's Health Center

4:15 to 4:30 pm Break & Poster Sessions

4:30 to 5:45 pm Discussion with Treatment Panel

Kristi NewMyer, MD, FACOG

Mary Legino, PhD

Crystal Zabka, MS, RD, CSSD, LMNT

Cathy Andrews, MS, LMHP

Kirsten Haglund

2008 Miss America, Recipient of Eating Disorder Advocacy Award

5:45 to 6:00 pm Closing & Refreshments

Susan Feyen, LICSW

Director of Clinical Services, OMNI Behavioral Health

6:00 to 7:00 pm Candlelight Vigil

Mary Legino, PhD

Consulting Clinical Psychologist, OMNI Behavioral Health

Susan Feyen, LCSW

Director of Clinical Services, OMNI Behavioral Health

Kris Hess, LIMHP, NCC, LPC

Director of Eating Disorder Program, OMNI Behavioral Health

Crystal Zabka, MS, RD, CSSD, LMNT

Nutrition Therapist, OMNI Behavioral Health

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Open to treatment professionals for 5.25 CEUs pending approval.

Professionals Registration (CEUs offered):

Name: _____ Phone Number: _____

Address: _____

Please check CEUs requested: RD/DTR/LMNT PLMHP/ LMHP/LIMHP DO/PA/MD/APRN
 LCSW/LICSW/LMSW RN/PA

Early Registration Fee Special (postmarked by January 25, 2010): \$75

Regular Registration Fee \$85 (available at the door)

Conference is open to community members for increased awareness and education.

Community Member & Student Registration (No CEUs offered):

Name: _____ Phone Number: _____

Address: _____

Early Registration Fee Special (postmarked by January 25, 2010): \$55

Regular Registration Fee \$65 (available at the door)

Please make checks payable to OMNI Behavioral Health and mail registration form and payment to following address:

OMNI Behavioral Health Eating Disorder Program
8715 Oak Street
Omaha, NE 68124

Scholarships are available for individuals unable to pay registration fee.
Please contact Kris Hess at (402) 397-9866 Ext: 135 for details.

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Learner Educational Objectives

Community-Based Nutrition Therapy (1.5)

Crystal Zabka, MS, RD, CSSD, LMNT
Nutrition Therapist, OMNI Behavioral Health

During this presentation, participants have the potential to gain an increased knowledge & understanding of:

1. diagnostic criteria for clinical & subclinical eating disorders
2. treatment needs based on the individual
3. nutrition therapy in eating disorder treatment
4. the important role an interdisciplinary team plays in eating disorder treatment.

Medical Aspect of Eating Disorders (1.5)

Kristi NewMyer, MD, FACOG
Physician, Creighton Women's Health Center

During this presentation, participants have the potential to gain an increased knowledge & understanding of:

1. medical consequences associated with eating disorders
2. physical signs & symptoms in individuals suffering from an eating disorder
3. medical management of eating disorder treatment
4. potential need for the involvement of additional treatment specialists.

Discussion with Treatment Panel (1.25)

Kristi NewMyer, MD, FACOG
Mary Legino, PhD
Crystal Zabka, MS, RD, CSSD, LMNT
Cathy Andrews, MS, LMHP

Kirsten Haglund
2008 Miss America
Recipient of 2010 Eating Disorder Advocacy Award

During this discussion, participants have the potential to gain an increased knowledge & understanding of:

1. societal pressures that contribute to eating disorder diagnosis criteria
2. medical & therapeutic obstacles associated with eating disorder recovery
3. relapse prevention within treatment planning and care process
4. advocacy strategies for improving eating disorder assessment and treatment protocols.

Poster Sessions

During this presentation, participants have the potential to gain an increased knowledge & understanding of:

1. a comprehensive look at each specific eating disorder
2. behaviors indicating risk of an eating disorder
3. a comprehensive look at eating disorders co-occurring with other mental health issues
4. appropriate strategies to provide support to an individual with an eating disorder.

Candlelight Vigil (1.0)

Mary Legino, PhD
Susan Feyen, LCSW
Kris Hess, LIMHP, NCC, LPC

During this presentation, participants have the potential to gain an increased knowledge & understanding of:

1. eating disorder prevalence
2. eating disorder assessment, intervention, and treatment trends
3. personal insight to the treatment and recovery process on different treatment levels
4. strategies for promoting improved assessment and treatment within communities.